







**HOLYOKE HIGH SCHOOLS
FEBRUARY 2012 LUNCH MENUS**

	MONDAY	TUESDAY	2/1 WEDNESDAY	2/2 THURSDAY	2/3 FRIDAY
			Macaroni & Cheese Warm Biscuit	Chicken Fajita Wrap Fluffy White Rice	Cheese Calzone
 Served w/ Oven Baked Fries			Cheeseburger Chicken patty Steak & Cheese	Cheeseburger Chicken patty Turkey Dog	Cheeseburger Chicken patty Bacon Cheeseburger
			Cheese Pepperoni Spinach & Mushroom	Cheese Pepperoni Cheeseburger	Cheese Pepperoni Chicken Ranch
					
			Crispy Chicken Salad w/ Roll Turkey & Cheese on a Kaiser Roll	Charlie Tuna Salad w/ Roll Buffalo Chicken Wrap	Asian Chicken Salad w/ Roll Tuna Boat
			Steamed Broccoli Chilled Fruit Fresh Fruit	Mixed Greens Chilled Fruit Fresh Fruit	Mixed Greens Chilled Fruit Fresh Fruit
MILK	Low-fat and fat-free flavored milk available daily				

“Before placing your order, Please inform your server if a person in your party has a food allergy”

**HOLYOKE HIGH SCHOOLS
FEBRUARY 2012 LUNCH MENUS**

	2/6 MONDAY	2/7 TUESDAY	2/8 WEDNESDAY	2/9 THURSDAY	2/10 FRIDAY
	Spicy Popcorn Chicken Bites	Twin Tacos w/ Fixings	Baked Meat Lasagna w/ Bread Stick	Baked BBQ Chicken Corn Bread	Country Style Pork Cutlet w/ Gravy Warm Biscuit
 Served w/ Oven Baked Fries	Cheeseburger Chicken Patty BBQ Rib Sandwich	Cheeseburger Chicken Patty All Beef Hot Dog	Cheeseburger Chicken Patty Turkey Burger w/ lettuce & Tomato	Cheeseburger Chicken Patty Pizza Steak Sandwich	Cheeseburger Chicken Patty Dijon Swiss Burger
	Cheese Pepperoni Spinach & Tomato	Cheese Pepperoni Hawaiian	Cheese Pepperoni Chicken Bacon Ranch	Cheese Pepperoni Meatball	Cheese Pepperoni Sausage
					
	Antipasto Salad w/ Roll Ham & Cheese on a Kaiser Roll	Chef Salad w/ Roll Crispy Chicken Wrap	Turkey BLT Salad w/ Roll Italian Sub	Chicken Caesar Salad w/ Roll Egg Salad Sandwich	Greek Salad w/ Roll Chicken Salad Wrap
	Oven Baked Potato Wedges Chilled Fruit Fresh Fruit	Mixed Greens Chilled Fruit Fresh Fruit	Mixed Greens Chilled Fruit Fresh Fruit	Corn on the Cob Chilled Fruit Fresh Fruit Jell-o w/ Topping	Mashed Potatoes Chilled Fruit Fresh fruit
MILK	Low-fat and fat free milk available daily				







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	2/13 MONDAY	2/14 TUESDAY	2/15 WEDNESDAY	2/16 THURSDAY	2/17 FRIDAY
	Italian Bowl Meatballs & Breaded Mozzarella Sticks w/ Sauce	BBQ Rib Dippers WW Dinner Roll	American Chop Suey w/ Garlic Bread	Roast Turkey w/ gravy Bread Stuffing WW Dinner Roll	Philly Steak & Cheese Calzone
 Served w/ Oven Baked Fries	Cheeseburger Chicken Patty	Cheeseburger Chicken Patty Chicken Cordon Bleu	Cheeseburger Chicken Patty Chili Dog	Cheeseburger Chicken Patty Ham & Cheese Bagel Melt	Cheeseburger Chicken Patty BBQ Rib A Que
	Cheese Pepperoni Mushroom & Tomato	Cheese Pepperoni Sausage	Cheese Pepperoni BBQ Chicken	Cheese Pepperoni Meatball	Cheese Pepperoni Sausage
					
	Asian Chicken Salad w/ Roll Turkey Club Sandwich	Buffalo Chicken Salad w/ Roll Tuna Salad on a Kaiser Roll	Charlie Tuna Salad w/ Roll Chicken Caesar Wrap	Chicken Caesar Salad w/ Roll Egg Salad Sandwich	Chef Salad w/ Roll Chicken Salad Sandwich
	Mixed Greens Chilled Fruit Assorted Fresh Fruit	Baked Tater Tots Chilled Fruit Assorted Fresh Fruit	Mixed Greens Chilled Fruit Assorted Fresh Fruit	Mashed Sweet Potatoes Chilled Fruit Assorted Fresh Fruit	Mixed Greens Chilled Fruit Assorted Fresh Fruit
MILK	Low-fat and fat free milk available daily				



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	2/27 MONDAY	2/28 TUESDAY	2/29 WEDNESDAY	THURSDAY	FRIDAY
	Shepherd's Pie Whole Wheat Dinner Roll	General Tso's Chicken Mini Egg Roll Fried Rice	Baked Macaroni & Cheese w/ Roll		
 Served w/ Oven Baked Fries	Cheeseburger Chicken Patty Corndog	Cheeseburger Chicken Patty Bacon Cheeseburger	Cheeseburger Chicken Patty Mexican Turkey Burger		
	Cheese Pepperoni Broccoli & Garlic	Cheese Pepperoni Hawaiian	Cheese Pepperoni Meat lovers		
					
	Chef Salad w/ Roll Turkey Club Wrap	Peppi Pizza Salad w/ Roll Egg Salad Sandwich	Buffalo Chicken Salad w/ Roll Italian Cold Cut Sub		
	Mixed Greens Chilled Fruit Assorted Fresh Fruit	Steamed Fresh Broccoli Pineapple & Mandarin Oranges Assorted Fresh Fruit	Mixed Greens Chilled Fruit Assorted Fresh Fruit		
MILK	Low-fat and fat free milk available daily				

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HOLYOKE HIGH SCHOOLS LUNCH MENUS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Chicken Nuggets w/ Sweet - N- Sour Sauce	Baked Salisbury Steak Wheat Roll			
 Served w/ Oven Baked Fries	Cheeseburger Chicken Patty Turkey Burger w/ Cheese	Cheeseburger Chicken Patty Mushroom Swiss Burger			
	Cheese Pepperoni Veggie	Cheese Pepperoni Tomato & Bacon			
					
	Chef Salad w/ Roll Asst. Deli Sandwich	Crispy Chicken Salad w/ Roll Tuna Wrap			
	Sweet Potato Fries Chilled Fruit Assorted Fresh Fruit	Mashed Potatoes Chilled Fruit Assorted Fresh Fruit			
MILK	Low-fat and fat free milk available daily				

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